



IAIP Online Conference "Meet the Sections"

Saturday, November 19, 2022

14:00 – 18:00 Central European time

Please check the time in your time zone

Program

Plenary session:

Introduction by Marina Bluvshstein (USA)

President of IAIP

“Individual Psychology from 1922 to 2022, and for the next 100 years:

Resisting tyranny and promoting humanity”

Special invitation:

Interview with Wilfried Datler (Austria)

Past President of IAIP

“Plurality in Individual Psychological approaches and the importance of dealing with
them”

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Section sessions (breakout rooms)

Section: Science: Theory and Research

“The single case methodology of research”

Chair

Andrea Ferrero (Italy): Brief introductory remarks

Main Lecture

Barbara Simonelli – Elisabetta Musi (Italy):

Sara’s story: analysis of the change process during a Sequential – Brief Adlerian Psychodynamic Psychotherapy, and research perspectives

Discussants:

Nestor Kapusta (Austria): Comments, remarks and proposals from a psychodynamic point of view

Ursula Oberst (Spain): Comments, remarks and proposals from a constructivist point of view

General discussion

Background

It is increasingly required that the psychotherapeutic practice be justified according to proven criteria of plausibility, consistency and effectiveness.

Purposes

To provide some theoretical and clinical guidelines to evaluate a single case therapeutic process and outcome, according to Individual Psychology.

Educational objectives

To strengthen critical attitudes and awareness about specific factors affecting the Adlerian clinical practice, in order to provide tailoring treatments to the patients.

Audience

Clinicians, researchers, students

Section: Adult Psychotherapy

“Adlerian Psychotherapy, Adlerian Psychodynamic Psychotherapy, Analysis”

Chair

Alessandra Bianconi (Italy)

Introduction

Alessandra Bianconi (Italy)

Case Presentation

Simona Fassina (Italy): Presentation of a clinical case according to the Adlerian Psychodynamic Psychotherapy

Discussants

Alessandra Zambelli (France)

Erik Mansager (Switzerland)

Background

Individual Psychology has various vital elements and the aim is to be able to compare at least some of them: for example, the cognitive, the psychodynamic (APP) and the Classical Adlerian Depth Psychotherapy. The panel presents a clinical case to compare different methodologies in Adlerian approach to the patient, reflects on the meaning and differences between psychotherapy and analysis from an Adlerian perspective considering the continuity of care process, transformation and change.

Educational objectives

To strengthen critical attitudes and awareness about Adlerian therapeutic practice and in particular to clarify the differences between psychotherapy and analysis, a theme on which there is often confusion.

Audience

Clinicians, researchers, students

Section: Psychotherapy of Children and Adolescents

“Child and Adolescent Psychotherapy in the Age of Covid-19”

Chair

Giansandro Lerda (Italy)

Introduction

Gian Sandro Lerda (Italy)

Case presentation

Gian Piero Grandi (Italy) – Veronica Lo Sapio (Italy):

Children and adolescents in psychotherapy: two sessions compared.

Discussants

Anita Schedl (Austria) and Christoph Pawel (Austria)

Sara Saeedi (Canada)

Background

The Pandemic has required the child and adolescent psychotherapists to face important changes and new challenges: adaptations of the setting, lifestyles transformations, new forms of disorder and psychological distress. The panel aims to stimulate a debate among colleagues, through the sharing of clinical experiences.

Educational Objectives

To develop a dynamic attitude in the management of psychotherapeutic treatments with children and adolescents, adapting Adlerian clinic practice to the changes of our time.

To share experiences and reflections about the effects of Covid-19 on the lifestyle and psychological disorders of children and adolescents, in order to deal with these situations and identify objectives and strategies of treatment, according to the theory and applications of Individual Psychology.

Audience

Clinicians, researchers, students

Section: Counseling

“Blended Counselling and *Gemeinschaftsgefühl*: limits and opportunities”

Chair

Giovani De Santis (Italy): Brief introductory remarks

Main Lecture

Andrés Buschiazso (Uruguay)

Single case discussion

Sabrina Cabassi (Italy): Comments, remarks and proposals from a psychodynamic point of view

N.N. (Germany): Comments, remarks and proposals from a systemic point of view

General discussion

Digital counseling services are a useful extension of existing and proven therapy settings, if they provide a methodologically sound professional framework.

Background

The demand for online therapy is growing, especially considering the effects of the pandemic. With ongoing debates about pluses and minuses of online therapy it is important to highlight strengths of online therapy meeting the growing demands, especially from the perspective of social feeling (“*Gemeinschaftsgefühl*”).

Purposes

Prepare a concept map of a blended session: online and in-person. Discuss the possibility of integrating methodologies from other clinical approaches in different countries in accordance with Adlerian thinking.

Educational objectives

Highlight the reinforcing mechanisms of an online session. Evaluate the potential of blended counseling in order to facilitate social feeling.

Audience

Counsellors, clinicians, students

Section: Education and Pedagogics

“When parents hide behind the childrens misbehaviour - or: What is really going on here?”

Chair

Christelle Schläpfer (Switzerland)

Introduction to the topic

Christelle Schläpfer (Switzerland)

Case presentation

Nina Novak (United Kingdom)

Single case discussion

Nina Novak (United Kingdom): Comments, remarks and proposal from a Dreikursian point of view

Natalia Grinko (Ukraine): Comments, remarks and proposals from a psychodynamic point of view

Background

Parents want the best for their children. But usually, when they come for counselling, parents see the problem in the child and think that it has to be fixed in the child him or herself by applying a few pedagogical tricks. However, there is often much more behind the children's symptomatic misbehaviour than a quick trick can fix. Often the root lies with the parents themselves (lifestyle, attachment style), who try to hide it by all means, especially when they have serious mental health problems. We will discuss these issues, will share whether there has been an increase in mental health problems in parents and attachment disorder in children, discuss different approaches and experiences, and share about programmes that are emerging in different countries to support parents in need.

Educational objectives

- Participants learn different Individual Psychological approaches to parenting.
- Participants learn to look beyond educational issues and how to encourage parents (or teachers).
- Participants learn about different projects that support parents who have psychological problems.

Audience

Counsellors, clinicians, students